
the rosendale cafe

Thoughtfully Prepared Vegetarian Fare



Brunch • Lunch • Dinner • Open Daily

434 Main St • Rosendale • NY • 12472 • 845.658.9048 • www.rosendalecafe.com

*Live Music
Garden Dining
Catering and Carryout Options Available*

appetizers

CHILI STUFFED CORNBREAD *corn muffin topped with chili, cheese, Mexican sauce, pico de gallo, and jalapenos*.....7.95

COLD SPICY PEANUT NOODLES *topped w/ diced cucumber, and red onion*.....6.25

NACHOS *a large portion of organic corn chips, black beans, cheese, pico de gallo, and jalapeños*.....8.25

HUMMUS and CHIPS *roasted red pepper hummus served with organic corn chips*.....5.95

HERBED GARLIC BREAD *(vegan or dairy)*.....3.25

QUESADILLAS *whole wheat tortillas with monterey jack chesse, mexican sauce, pico de gallo, and jalapenos*

(choose from the following)

BLACK BEAN • SPINACH GARLIC
ROASTED RED PEPPER

half.....7.95 *whole*.....11.95
(add soy cheese or goat cheese + 2.50)

salads

(served with organic multi grain bread)

HOUSE SALAD *a bed of mesclun spring mix, tomato, cucumber, carrots, red onion, and toasted sunflower seeds with choice of Japanese or Balsamic dressing*.....5.95
w/ BROWN RICE ARAME BURGER.....8.95
w/ TUNA SALAD.....8.50

GREEK SALAD *a large bed of mesclun greens topped with kalamata olives, pepperoncini, feta cheese, and grape leaves*9.95
(add hummus + 2.00)

TACO SALAD *lettuce, organic corn chips, black bean chili, cheese, pico de gallo, and jalapeños*.....7.95

soups

(served with organic multi grain bread)

CAFE BLACK BEAN CHILI *with pico de gallo, served over brown rice*.....cup 4.75 bowl 5.75
(add side salad + 2.50)

SEASONAL SOUPS.....cup 3.25 bowl 4.25
(add side salad + 2.50)

sandwiches

(served w/coleslaw or chips, pickle and w/ the option of vegan cheese)

TEMPEH REUBEN *open-faced on multi grain bread w/Russian dressing, baked tempeh, sauerkraut, and melted cheese*.....8.95

VEGGIE MELT *roasted red pepper hummus, sauteed spinach, tomato, red onion, and melted cheese on a whole wheat pita*.....8.95

LOCAL ORGANIC GOAT CHEESE *w/ roasted red pepper, lettuce, tomato, and red onion on a multi grain baguette*.....9.95

FAKIN' BAKIN "FLT" *on a multi grain bread w/ lettuce, tomato, and mayo or nayo*.....7.25

BROWN RICE ARAME BURGER *on multi grain bread or wrap w/ lettuce, tomato, and red onion, add cheese and/or fakin bacon*.....9.95

BALSAMIC PORTABELLO *w/ organic goat cheese, pesto mayo, lettuce, tomato, red onion, and roasted red pepper on a multi grain baguette or whole wheat wrap*.....10.25

TUNA SALAD or HUMMUS *on a multi grain baguette or wrap w/ lettuce, tomato, and red onion*.....8.25

TUNA MELT *open-faced tuna salad w/ melted cheese on a whole wheat pita*.....8.95

entrees

(Served w/ a small house salad & organic multi grain bread)

ZEN PLATTER <i>organic brown rice, organic black beans, seaweed, tofu, and steamed veggies served w/ lemon tahini or ginger tamari sauce.....</i>	14.95
MISSION BURRITO <i>a large whole wheat tortilla filled w/ Monterey Jack cheese, organic brown rice, organic black beans, lettuce, and tomato, topped w/ homemade Mexican sauce, jalapeños, and pico de gallo.....</i>	14.25
SPINACH GOAT CHEESE BURRITO <i>a large wheat tortilla filled w/ local organic goat cheese, organic black beans, sautéed spinach and garlic, topped w/ homemade Mexican sauce, jalapeños and pico de gallo.....</i>	15.25
SWEET POTATO BURRITO <i>a large whole wheat tortilla filled w/ steamed sweet potato, organic black beans, and Monterey Jack cheese, topped w/ homemade Mexican sauce, jalapeños and pico de gallo.....</i>	14.25
MUSHROOM TOFU STROGANOFF <i>mushrooms, baked cubes of tofu, and onions in a creamy dairy-free sauce, served over organic linguine or brown rice.....</i>	14.25
SPINACH LASAGNA <i>a hearty portion of spinach lasagna w/ ricotta cheese and, marinara sauce topped with melted cheese</i>	13.25
RAVIOLI OF THE DAY <i>served w/ homemade marinara sauce.....</i>	13.95

kids

PASTA w/ butter or marinara	4.95
WHOLE CHEESE QUESADILLA	5.95
KIDS NACHOS w/ beans and cheese	4.95
KIDS BURRITO w/ beans and cheese.....	4.95
TURKEY OR VEGGIE DOG w/ chips.....	4.95
MELTED CHEESE	4.95
MELTED CHEESE AND TOMATO.....	5.75

sides

ORGANIC BROWN RICE.....	2.25
RICE AND BEANS.....	3.95
STEAMED VEGGIES.....	3.75
STEAMED TOFU.....	2.25
ORGANIC GOAT CHEESE.....	2.00
HUMMUS.....	2.00
STUFFED GRAPE LEAVES.....	2.00

beverages

PELLIGRINO SPARKLING WATER.....	1.75	NATURAL SODAS (<i>ask your server</i>).....	2.00
ORGANIC COFFEE.....	1.75	MILK.....	1.75
ORGANIC DECAF COFFEE.....	1.75	CHOCOLATE MILK.....	2.50
BLACK OR HERBAL TEA.....	1.25	ORGANIC JUICE BOX.....	1.50

wine

BEL ARBOR CHARDONAY
BEL ARBOR MERLOT
BEL ARBOR CABERNAT SAVIGON
FRONTERA PINOT GRIGIO
by the glass.....5.00 by the bottle.....15.95

beer

(Please ask your wait person about our 6 micro brews currently on tap.)
by the pint.....5.00

desserts

(vegan and dairy)

Made daily in-house. Please ask to see the Dessert Menu.

TAKE HOME A BOTTLE OF OUR FAMOUS JAPANESE DRESSING 4.50

VISIT OUR WEBSITE: www.ROSENDALECAFE.com
For a Cafe Concert Schedule, (sign up to receive concert e-mail) Cafe Menu,
Music Reviews and Cafe History

AN 18% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE.

We use organic ingredients whenever possible and cook with conventional ovens, not microwaves.
We are committed to providing our community with thoughtfully prepared
vegetarian fare at fair prices.

Dietary Notes: We use VEGAN DIAYA Cheese. Our sliced bread, and baguettes are
BREAD ALONE BAKERY multi grain bread and do not contain honey.
We use WHEAT-FREE TAMARI, NETTLE MEADOW ORGANIC GOAT CHEESE. RAVIOLI and LASAGNA
noodles from LABELLA PASTA. Our ORGANIC Coffee is from
CATSKILL MOUNTAIN COFFEE ROASTERS.